

## Targeted Skin Cleansers

♥ Designates HAR/T™ Method Products

Product	Benefit	How Used	Night/Day	Skin Type
<b>Gentle Cleansing Foam</b> Product #287	Gentle cleansing for very sensitive skin Reduces the appearance of redness Fragrance free	As needed Wet hands, apply to skin, rub gently, then rinse	Both	Sensitive/ Redness-Prone/ Post-Treatment
<b>GlyGlo Cleansing Gel</b> Product #490	Contains Glycolic acid for enhanced exfoliation Paraben-free	As needed Wet hands, apply to skin, rub gently, then rinse	Both	Normal to Combination / Oily skin
<b>LactiSmooth</b> Product #654	Moisturizing exfoliating cleanse for enhanced skin renewal	Use 1-2 times weekly. Apply to damp skin and massage in a circular motion. Rinse thoroughly. To use as a mask, leave on for 3-5 minutes, then rinse off.	Night	Normal/Dry

## Topical Skin Renewal Preparations

<b>Glycolic-20 Cream</b> Product #067	Rapidly exfoliates Smooths texture Enhances penetration of other products	Apply 1-2 times daily as directed	Either/Both	All Except Sensitive
<b>C &amp; E Complex Serum</b> Product #269 ♥	Brightens & smooths texture Antioxidants Enhances retinoid effectiveness / PF	Apply nightly or every other night alternating with a retinoid	Night (for best results)	Normal/Combination
<b>ProVita 50, ProVita 100 Serum</b> Product #216, 217 ♥	Reduces appearance of fine lines & wrinkles Fragrance & preservative free	Apply every other night (for best results alternate with a product that contains vitamin C)	Night	Normal/Combination/ Oily
<b>C &amp; E Complex Cream</b> Product #270 ♥	Brightens & smooths texture Antioxidants Enhances retinoid effectiveness / PF	Apply nightly or every other night alternating with a retinoid	Night (for best results)	Normal/Dry
<b>ProVita 50, ProVita 100, ProVita150 Cream</b> Product #432, 433, 434 ♥	Reduces appearance of fine lines & wrinkles Paraben free	Apply every other night (for best results alternate with a product that contains vitamin C)	Night	Normal/Dry

## Eye Area Products

<b>C &amp; E Eye Complex</b> Product #205 ♥	Improves the appearance of fine lines & wrinkles Addresses puffiness & dark circles Paraben free	Apply a thin film to orbital area 1-2 times daily	Either/Both	All
<b>ProVita Eye</b> Product #227 ♥	Improves the appearance of fine lines & wrinkles Smooths skin	Apply a thin film to orbital area 1-3 times weekly *decrease use if dryness occurs	Night	All Except Sensitive

## Skin Tone Management

<b>KojiC Brightening Serum</b> Product #488	Brightens skin Reduces the appearance of skin discoloration	Apply nightly or every other night Alternate with a retinoid for best results	Either/Both	All Except Sensitive
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### Barrier Enhancement Agents

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Product	Benefit	How Used	Night/Day	Skin Type
<b>HydraLite Gel</b> Product #244	Moisture enhancer Reduces the appearance of fine lines & wrinkles Paraben & fragrance free	Apply as needed Can also be used under creams & lotions	Either	All
<b>HydraRiche Cream</b> Product #357	Rich moisture Fragrance, paraben, & solvent free	Apply as needed	Either	Normal/Dry/ Sensitive/ Post-Procedure

### Photoprotective Agents

<b>UV Shade SPF 40</b> Broad Spectrum SPF 40 Product #188	Routine, broad-spectrum UVA/UVB protection No chemicals, fragrance, parabens, or preservatives	Apply prior to sun exposure Reapply every 3-4 hours	Day	All Including Post-Procedure
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